

Get Free Slow Family Living 75 Simple Ways To Down Connect And Create More Joy Bernadette Noll Pdf File Free

Simple Methods to Study Pedology and Edaphology of Indian Tropical Soils Dec 27 2020 This book discusses how research efforts have established an organic link between pedology and edaphology of five pedogenetically important soil orders as Alfisols, Mollisols, Ultisols, Vertisols and Inceptisols of tropical Indian environments. The book highlights how this new knowledge was gained when research efforts were complemented by high resolution mineralogical, micro morphological and age-control tools. This advancement in basic and fundamental knowledge on Indian tropical soils makes it possible to develop several index soil properties as simple methods to study their pedology and edaphology. More than one-third of the world's soils are tropical soils. Thus the recent advances in developing simple and ingenious methods to study pedology and edaphology of Indian tropical soils may also be adopted by both graduate students and young soil researchers to aid in the development of a national soil information system to enhance crop productivity and maintain soil health in the 21st century.

Slow Family Living Dec 19 2022 Have you ever wished you could slow down the daily grind—and even find a way to enjoy it? All too often, the hectic pace of modern life turns our households into a blur, leaving many parents—and kids—feeling depleted and disconnected. Enter *Slow Family Living*, an inspiring guide for parents who want to rediscover the meaning, comfort, and contentment found in the day to day of family life. Offering 75 simple ideas for reconnecting, this upbeat and invaluable resource can help turn even the most bustling of times into an opportunity to create a moment of calm—and a connection that will last a lifetime. From holidays and other stressful occasions to bedtime, vacations, and everything in between, *Slow Family Living* will help even the most harried parents and kids pause, reflect, and find joy, satisfaction, and inspiration in each other.

Infused Water Apr 30 2021 We know that we should be drinking at least eight glasses of water a day—that's a lot of water! People often substitute with coffee or tea, but do we really want all that extra caffeine and acid? Soft drinks have too many calories, and diet drinks are full of chemicals. The easy answer to staying healthy, hydrated, and happy is infused water. With no calories and delicious flavors, infused water will keep you hydrated throughout the day. Hydration is essential—more than half of your body is composed of water, and it is needed by every cell in your body to function properly. Yet, three-quarters of Americans are chronically dehydrated. Water balances the electrolytes in your body and helps to remove toxins, not to mention the multitude of positive effects on your daily life, including: • Clearer skin • Increased metabolism • More energy • Reduces blood pressure and cholesterol Infused Water provides a simple and tasty way for you and your family to get your daily dose. Water infusers can be purchased at home, kitchen, or department stores for less than \$25.00. Water can be infused with cucumber, strawberries, mint, coconut, and many other herbs, fruits, and vegetables. Each of these has unique properties that can provide you with

benefits such as energy, balance, or detoxification. Imagine how much more productive, positive, and healthy you will be when properly hydrated! Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

Connect First: 52 Simple Ways to Ignite Success, Meaning, and Joy at Work Aug 23 2020 #1 WALL STREET JOURNAL BESTSELLER • USA TODAY BESTSELLER A renowned business psychologist, advisor, and consultant to the world's leading companies reveals the key to greater success, meaning, and joy at work. **Technology has enabled us to be more interconnected today than ever before. So why do so many of us feel isolated and undervalued at work? Why does it feel like something is missing? It doesn't have to be this way. In these rapidly changing, challenging times, how do we—YOU—develop the intuition, self-awareness, and interpersonal agility required to prosper? Here's what we've lost track of: organizations are run by people, and people run on emotions. Strong relationships are the bedrock of lasting success, meaning, and joy at work. In this life-changing guide, Dr. Melanie Katzman shows you an impactful approach to connect first as fellow humans, then as coworkers and colleagues, to forge the deep bonds that make a significant difference. Learn how to:**

- Establish respect and make others feel valued**
- Engage all of your senses to create a truly inclusive culture**
- Become popular and be the person everyone wants to work with**
- Grow loyalty by making it about them—your coworkers**
- Resolve conflicts by remaining curious and open with others**
- Fight fear (and prepare for the future) by stepping outside your comfort zone and experimenting with new ideas**
- Have a big impact by leveraging your platform, living your values, and leading the change**

Dr. Katzman presents 52 actions you can take immediately to create a deeply rewarding work life by connecting to yourself, your organization, and the world at large. These are the same powerful techniques she has used with leaders and employees at the world's top companies to enhance productivity and foster fulfillment and joy at work—the hallmarks of true success.

Amazing Food Hacks Oct 05 2021 75 kitchen hacks to trick out your food and make cooking a breeze. MacGyver your way to a killer meal with the clever ideas, simple tricks, and lightning-fast food fixes in Amazing Food Hacks. If you don't have time to cook, don't like to cook, or don't know how to turn on your oven but love to eat stuff that tastes good, you're in the right place. Now you have 75 crazy-brilliant ways to eat awesome anytime. Boom.

Cast-Iron Cooking for Two Dec 15 2019 Small-batch, one-pot dishes to share with close friends and family! In Cast-Iron Cooking for Two, Joanna Pruess celebrates the enduring appeal of cast-iron cooking and the countless twosomes who love sharing home-cooked food. Her 75 easy and flavorful recipes feature versatile cast-iron skillets that are the right size for people cooking for two (or three), whether they be empty nesters, college students, or just anyone who is not feeding a group. From Spicy Beer-Battered Shrimp with Remoulade Sauce to

Homey Oven-Roasted Chicken Thighs and Legs with Pan Gravy to Orange-Sesame Shortbread Cookies, you'll find dishes that are perfect for any occasion when it's just the two of you—or maybe even a few! Date night, Sunday morning with a couple of kids, or a casual drop-in dinner for a close friend. Real ingredients that are easily accessible, along with a smattering of high-quality convenience foods (think prepared pesto, pumpkin pie spice mix), help the home cook save time, money, and cupboard and counter space. Home cooks are discovering the cast-iron pan, popular for centuries, as a tool for economical, easy, elemental ways to cook. Pruess includes a section about caring for pans and debunking some commonly held myths about cooking with cast-iron. Joanna invites the cook to get creative, mix and match, and buck tradition: Buckwheat Crêpes with Smoked Salmon can be served for breakfast, brunch, or even dinner. Blackberry Cobbler with Candied Ginger and Oat Streusel Topping could even become a celebratory breakfast instead of a dessert. And some of the side dishes, such as Roasted Corn Pancakes with Cherry Tomato Salsa and Sweet Potato Pancakes with Brussels Sprouts Slaw, could be the center of a light dinner or lunch. There's something for everyone—and their closest friends and family—in Pruess's latest, *Cast-Iron Cooking for Two*.

75+ Team Building Activities for Remote Teams Oct 17 2022 This book is for leaders committed to building a great remote team culture, but who don't have time or know where to start. Whether you're new to remote work or have been working remotely for years, there's enough on your plate already without thinking about how to connect with and engage your team. I wrote this book to do just that and take one thing off your to-do list. The book is intentionally short: low on reading and high on actions. It's organized in such a way that you can open it five minutes before your meeting to grab a quick game or sit down to plan a longer virtual team retreat. In the first few pages you will find a Quick Reference Guide to help you find exactly what you need. You will have access to 75+ activity ideas and hundreds of questions to help make your remote meetings, one on ones, and day-to-day virtual interactions more engaging. Beyond games, you will find team reflection activities, stay conversation questions, a unique end of the year team celebration idea, and more. You will also find simple ways to virtually learn, stay healthy, and celebrate together as a team. The only thing you need to do is take action. Free Bonuses When you purchase this book, you will gain access to copies of the following free handouts and downloads: 75+ Team Building Activities Quick Reference Guide A printable quick reference of the book to keep on your desk with reminders of key concepts, sample meeting agendas, and more. Know Your People Form A form to track all the information you should know about your people. COVID-19 Resources Questions to help you understand what your people are facing each day, a list of five things that should be on every virtual meeting agenda, and tips to help your team consciously transition back to work when the time comes. One Year Subscription to the Beyond Thank You Remote Team "Nudge" When you download the free bonus, you will have the opportunity to sign up for the Beyond Thank You Remote Team "Nudge." Every two weeks, I will send out activities, meeting prompts, and other ideas from this book directly to your email - a little nudge to remind you to take action. If these are unhelpful, you can unsubscribe any time.

Easy Ways to Make Technology Work for You Jun 01 2021 A practical guide to how computers can help teachers inside and outside the classroom.

Fahrenheit 451 Apr 18 2020 Set in the future when "firemen" burn books forbidden by the totalitarian "brave new world" regime.

The Idealist's Survival Kit Feb 21 2023 75 brief self-care reflections to help aid workers, activists, and volunteers renew purpose and achieve fulfillment. Heal from over-exhaustion, prevent burnout, and regain your motivation with these short readings from a psychologist who has spent many years in the field working in conflict and disaster areas. Gathered from Alessandra Pigni's interaction with humanitarian professionals and backed up by cutting-edge research, these concrete tools offer new perspectives and inspiration to anyone whose work is focused on helping others.

The Savoy Cocktail Book Sep 04 2021 Everything you ever need to know about choosing and mixing drinks is right here in this rare and highly collectible volume. Written by a legendary mixologist, it's the ultimate bartender's book, bursting with 750 recipes. Consisting mostly of cocktails, it comprises nonalcoholic drinks as well as sours, toddies, flips, egg nogs, slings, fizzes, coolers, rickeys, juleps, punches, and a myriad of other delectable refreshments. Extensive coverage of wines introduces the products of Bordeaux, Burgundy, and Champagne, as well as Rhine wines, port, and sherry. This special edition is richly illustrated with unique color images from the original 1930 publication — dozens of period drawings that imbue the book with a lively Jazz Age spirit. A splendid gift for bartenders and housewarming parties, it's also a fine and comprehensive addition to home bars and libraries.

Grow Food at Home: Simple Methods for Small Spaces Oct 13 2019 Everything you need to know to grow good food without a yard Grow food for freshness. Grow food organically. Grow food to connect with nature. Whatever the goal, you don't need a lot of space to enjoy the benefits of homegrown veggies, herbs, and fruits. In Grow Food at Home, gardening expert John Tullock shows readers just how easy it is to enjoy "farm"-fresh produce grown right on the windowsill, the porch, or in a tiny backyard. Covering artificial lighting, hydroponics, vertical gardening, straw-bale planters, and more, the book offers even the most confined apartment dwellers plenty of options to get growing. Tullock shares all the tips and tricks readers need to make small-space gardening a success, with information on starting seeds, transplanting, succession planting, "crop" rotation, and other procedures—all tailored to the small-space garden—plus recipes to make the most of the harvest. Readers will be energized to grow a mouth-watering selection of micro-crops, from lettuces and herbs to tomatoes, cucumbers, beets, and even small fruits—no matter how little room they have available.

Teen Cookbook Nov 25 2020

Fresh Made Simple Jul 14 2022 Each of the 75 recipes in Fresh Made Simple is a charming full-page illustration showing, rather than telling, how to make the dish described. Each meal or snack begins with one delicious ingredient, and the cook builds around that to make a simple yet elegant creation. An avocado, seasoned with lime and salt, elevates a fried egg on toast; fresh-picked blueberries and an ear of corn add sweetness and texture to standard pancakes. From pineapple cilantro salsa and asparagus apple salad to a kale egg scramble, tortilla soup, and crostini, these simple recipes celebrate the unbeatable flavors of fresh ingredients.

50 Simple Ways to Live a Longer Life Jan 28 2021 In 2011, the first wave of the 76 million Baby Boomers will reach age 65, and one in three American adults

will be senior citizens. Everyone wants to know how to live the healthiest and longest life. 50 Simple Ways to Live a Longer Life is an easy-to-comprehend resource packed with the most amazing health discoveries from the forefront of science. It leaves readers inspired to take active roles in extending their own lives and improving their own health. Each chapter contains a different way to extend your life, plus a "Making It Real" section that tells readers what they specifically can do to achieve these benefits. 50 Simple Ways to Live a Longer Life offers fresh perspectives and intriguing information, even on those frequently covered topics like exercise and diet. This book is an affordable, easy-to-assimilate book that will help people add years and vigor to their life.

From Freezer to Table Sep 23 2020 Freezer cooking has never been so easy, fun, and totally delicious. From Freezer to Table is the ultimate guidebook for transforming the way your family cooks, eats, and freezes. The chapters are packed with freezer cooking basics, practical tips for Freezer Cooking Parties and Freezer Clubs, and plenty of motivation and tools to make freezer cooking second nature. With more than 75 simple, family-friendly recipes—all made from whole food ingredients—this book shows how you can stock your freezer with favorites, like Mixed Berry Oat Scones, Parmesan and Herb Chicken Tenders, and slow-cooker Killer Carnitas. Prepare to reclaim your kitchen from processed foods, all while saving your wallet, your waistline, and your time! With a freezer full of the easy dishes in this book, you can enjoy tasty, stress-free meals around the table with those you love, even on your busiest days.

Simple Methods of Estimating Certain Nonlinear Functions with Emphasis on Agricultural Data Mar 30 2021 Set includes revised editions of some issues.

Weight Loss the Vegan Way Sep 16 2022 Lose weight for good--break the dieting cycle with the power of vegetables Discover how the vegan diet can help you achieve real weight loss and feel good about it. Weight Loss the Vegan Way will show you how to achieve optimal health naturally--by filling up with nutritionally dense foods, avoiding saturated fat and cholesterol, and recalibrating your palate. Whether you're a lifelong omnivore or already enjoying plant-based meals, this vegan cookbook delivers truly effective methods for sustainable weight loss. Not only will you get delicious, satisfying recipes for every meal, you'll also learn exactly how to get started with an easy-to-follow 21-day meal plan. Start your plant-based journey to your ideal weight and health today! Weight Loss the Vegan Way includes: Weight loss 101--Learn about strategies for weight loss success, how the vegan diet works, and important lifestyle changes you can make. 21-Day meal plan--Kick off your weight loss with a simple, three-week plan--complete with shopping lists and prep instructions. 75+ Vegan recipes--Cook up easy, flavorful vegan dishes you'll want to keep eating beyond the meal plan, like Carrot Cake Oatmeal, Pumpkin-Sage Pasta, Churro Popcorn, and more. Change the way you eat--and improve the way you feel--with Weight Loss the Vegan Way.

Spread the Love May 20 2020 Smith lists 75 simple ways to make a significant impact on others' lives. The ideas are easily categorized by: Acts of Service, Quality Time, Giving, Physical Support, and Communication.

Chasing Chaos Nov 13 2019 Jessica Alexander arrived in Rwanda in the aftermath of the 1994 genocide as an idealistic intern, eager to contribute to the work of the international humanitarian aid community. But the world that she encountered in the field was dramatically different than anything she could have imagined. It was messy, chaotic, and difficult—but she was hooked. In this

honest and irreverent memoir, she introduces readers to the realities of life as an aid worker. We watch as she manages a 24,000-person camp in Darfur, collects evidence for the Charles Taylor trial in Sierra Leone, and contributes to the massive aid effort to clean up a shattered Haiti. But we also see the alcohol-fueled parties and fleeting romances, the burnouts and self-doubt, and the struggle to do good in places that have long endured suffering. Tracing her personal journey from wide-eyed and naïve newcomer to hardened cynic and, ultimately, to hopeful but critical realist, Alexander transports readers to some of the most troubled locations around the world and shows us not only the seemingly impossible challenges, but also the moments of resilience and recovery.

Think Again Mar 18 2020 #1 New York Times Bestseller “THIS. This is the right book for right now. Yes, learning requires focus. But, unlearning and relearning requires much more—it requires choosing courage over comfort. In Think Again, Adam Grant weaves together research and storytelling to help us build the intellectual and emotional muscle we need to stay curious enough about the world to actually change it. I’ve never felt so hopeful about what I don’t know.” —Brené Brown, Ph.D., #1 New York Times bestselling author of Dare to Lead The bestselling author of Give and Take and Originals examines the critical art of rethinking: learning to question your opinions and open other people's minds, which can position you for excellence at work and wisdom in life Intelligence is usually seen as the ability to think and learn, but in a rapidly changing world, there's another set of cognitive skills that might matter more: the ability to rethink and unlearn. In our daily lives, too many of us favor the comfort of conviction over the discomfort of doubt. We listen to opinions that make us feel good, instead of ideas that make us think hard. We see disagreement as a threat to our egos, rather than an opportunity to learn. We surround ourselves with people who agree with our conclusions, when we should be gravitating toward those who challenge our thought process. The result is that our beliefs get brittle long before our bones. We think too much like preachers defending our sacred beliefs, prosecutors proving the other side wrong, and politicians campaigning for approval--and too little like scientists searching for truth. Intelligence is no cure, and it can even be a curse: being good at thinking can make us worse at rethinking. The brighter we are, the blinder to our own limitations we can become. Organizational psychologist Adam Grant is an expert on opening other people's minds--and our own. As Wharton's top-rated professor and the bestselling author of Originals and Give and Take, he makes it one of his guiding principles to argue like he's right but listen like he's wrong. With bold ideas and rigorous evidence, he investigates how we can embrace the joy of being wrong, bring nuance to charged conversations, and build schools, workplaces, and communities of lifelong learners. You'll learn how an international debate champion wins arguments, a Black musician persuades white supremacists to abandon hate, a vaccine whisperer convinces concerned parents to immunize their children, and Adam has coaxed Yankees fans to root for the Red Sox. Think Again reveals that we don't have to believe everything we think or internalize everything we feel. It's an invitation to let go of views that are no longer serving us well and prize mental flexibility over foolish consistency. If knowledge is power, knowing what we don't know is wisdom.

What Great Parents Do Jan 08 2022 A golden rule book to parenting best practices, What Great Parents Do concisely presents key strategies to help

parents reshape kids' challenging behaviors, create strong family bonds, and guide children toward becoming happy, kind, responsible adults. What Great Parents Do is an everything-you-need-to-know road map for parenting that you will consult again and again. Psychologist Erica Reischer draws on research in child development and cognitive science to distill the best information about parenting today into bite-size pieces with real examples, useful tips, and tools and techniques that parents can apply right away. This book will show you how to do what great parents do so well, including: - Great parents start with empathy - Great parents accept their kids just as they are - Great parents avoid power struggles - Great parents see the goal of discipline as learning, not punishment - Great parents know they aren't perfect A toolbox of the most effective parenting strategies, What Great Parents Do is accessible, actionable, and easy to follow.

Make Their Day Aug 03 2021 You dream of making your presence really count in the lives of others, but you don't know where--or how--to start. You want to be remembered as a woman who scattered kindness to everyone she knew, but you feel like your busy schedule constantly gets in the way. In this practical and deeply touching guide--inspired by her book *Reach Out, Gather In*--popular author Karen Ehman gives you 101 actionable ideas you can implement today to truly make a difference in the lives of other people. *Make Their Day* is filled with creative ideas to connect with your family and friends on a deeper level throughout the year. This book will help you develop habits of kindness, reconnect with friends and family, and make encouraging people a priority. You'll be able to put these ideas into action in real time with everyone in your life--even if hospitality doesn't come naturally to you or you don't think you have time. Let's outshine the negativity and hatred in our world, and reach out to others with love, just as God intended.

Stirring Up Fun with Food Feb 09 2022 More than 100 fun food-crafting ideas that will engage, delight, and amaze kids--from actress, entrepreneur, and mom, Sarah Michelle Gellar, and former Martha Stewart Living editor Gia Russo. Why stop with making basic brownies? Why not put them on a stick and decorate them? Why not take boring broccoli and turn it into a yummy cheese muffin instead? Sarah Michelle Gellar learned quickly that to get her kids to be adventurous with food, she had to involve them in preparing it. She wanted that process to be fun and help them develop self-confidence, creative thinking, and even math skills! So Sarah and co-author Gia Russo came up with more than 100 fun food-crafting ideas that take basic food preparation to a surprising new level. Organized by month, the book offers projects for every occasion and theme, including Super Bowl, Valentine's Day, Shark Week, Halloween, and even a Star Wars Day with licensed Star Wars creations! The possibilities are endless!

Win People Over Oct 25 2020

Getting Over a Breakup Mar 10 2022 "This book is going to walk through 75 things you can do TODAY to start getting over your breakup, boost your self esteem, and feel positive about the future again. Written in three easy to follow parts this book covers what NOT to do, how to soothe yourself and recover from your breakup pain, and things you can do to actively get your mind off your ex."--Introduction.

Open Your Eyes Apr 11 2022 For nearly forty years and in numerous books, Alexandra Stoddard has shared her keen eye for design and sure sense of style. Now this renowned decorator and lifestyle philosopher teaches you how to see with the expertise and clarity of professional designers. First, Alexandra helps

you become more attuned to your surroundings-as you set a table, straighten out a linen closet, stroll through a garden, or browse in a thrift shop. Then, through personal anecdotes; examples from masters; a rich array of ideas, tips, and techniques, she reveals hundreds of ways to see and solve problems or proportion, pattern, color, and composition. Her simple suggestions-whether it's changing a lampshade, rearranging treasured objects on a table, or moving a chair-will yield dramatic results. Filled with practical solutions offered with warmth and encouragement , Open Your Eyes helps make each day a visual feast as it deepens your understanding not only of what makes something beautiful but what makes something beautiful to you.

Tortillas! Dec 07 2021 Presents over seventy-five-quick and easy ways to enjoy tortillas.

Plant Over Processed Jul 22 2020 A NATIONAL BESTSELLER! Trust in nature. Believe in balance. Eat the rainbow! Andrea Hannemann, aka Earthy Andy, presents a guide to plant-based eating that is simple, delicious, and fun. INCLUDES A 30-DAY PLANT OVER PROCESSED CHALLENGE Andrea Hannemann, known as Earthy Andy to her more than one million Instagram followers, believes that food is the fuel of life, and that consuming a nourishing, plant-based diet is the gateway to ultimate health. Andy's mantra, "plant over processed," embodies the way she eats and feeds her family of five in their home in Oahu, Hawaii. But it wasn't always this way. Andy was once addicted to sugar and convenience foods and suffering from a host of health issues that included IBS, Celiac disease, hypothyroidism, asthma, brain fog, and chronic fatigue. Fed up with spending time and money on specialists, supplements, and fad diets, she quit animal products and processed foods cold turkey, and embarked on a new way of eating that transformed her health and her body. In Plant Over Processed, Andy invites readers to join her on a "30-Day Plant Over Processed Challenge" that will detox the body, followed by a long-term plan for going plant-based without giving up your favorite dishes. Packed with gorgeous photography and mouth-watering recipes—from smoothies and bliss bowls to plant-based comfort and decadent desserts—this life-changing guide takes you to the North Shore of Hawaii and back, showing you how easy it is to eat plant-based, wherever you are.

The Eat Your Way Healthy at Trader Joe's Cookbook Nov 18 2022 What you eat begins at the store. If you can make going to the grocery store and preparing foods at home an enjoyable or pleasant experience, it's easier to reach and maintain a healthy diet. You'll be happier and less stressed about what's going on in your body. Author Bonnie Matthews has created a book of delicious, healthy recipes chock full of the amazing ingredients exclusively found at Trader Joe's. With over 75 recipes that will definitely satisfy your taste buds, this cookbook is equipped to bring smiles to the entire family with kid-friendly snacks and date night cuisines. In addition, Bonnie caters to different diets, with vegan and vegetarian friendly options for main and side dishes. For cooks-on-the-go, Trader Joe's Eat Your Way Healthy Cookbook includes simple skillet meals that incorporate grains, proteins and veggies all in one! No brainers for portioning out for the week that will help you save money. Bonus sections include how to shop at Trader Joe's and read the labels with a grocery list of essential ingredients for successful healthy mindful eating. Here's a list of some of Bonnie's yummy recipes using ingredients only at Trader Joe's Encrusted barramundi (fish) with Thai lime and chili almonds Pork tenderloin with

blackberry pomegranate marinade Brown rice pasta with sweet basil pesto chicken sausage Fresh tossed pizza with sautéed vegetables and mushroom mélange Green curry stir-fry with wild caught shrimp Savory Paella with mahi mahi, scallops, and shrimp Kalbi BBQ and vegetable stir fry over bok choy Grilled panini with pastrami style Atlantic salmon Skyhorse Publishing, along with our Good Books and Arcade imprints, is proud to publish a broad range of cookbooks, including books on juicing, grilling, baking, frying, home brewing and winemaking, slow cookers, and cast iron cooking. We've been successful with books on gluten-free cooking, vegetarian and vegan cooking, paleo, raw foods, and more. Our list includes French cooking, Swedish cooking, Austrian and German cooking, Cajun cooking, as well as books on jerky, canning and preserving, peanut butter, meatballs, oil and vinegar, bone broth, and more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

75 Simple Ways to Celebrate the Holidays Jan 20 2023 Praise a child Practice grace Count your blessings Slow your pace --75 Simple Ways to Celebrate the Holidays 75 Simple Ways to Celebrate the Holidays is a refreshingly original illustrated poem that reminds us to keep the holidays cheerful, calm, joyous, and focused on what truly matters most. This little book is the antidote to the do-it-all, do-it-fast fever that grips so many people around Christmastime. It was created with one goal in mind--to help the reader find more true joy during the most joyous time of the year. Giftable features include cover flocking and a ribbon bookmark, along with just the right blend of rhyming verse and cheerful art: Keep traditions Stoke the fire Find your voice Join the choir Gaze at stars on a clear winter night Keep your perspective Keep your heart light This book is the perfect keepsake stocking stuffer, a gentle reminder of what's most important on Christmas day and every day.

Windows XP in 10 Simple Steps or Less Jan 16 2020 If you need Windows XP solutions fast, then this book is for you-whether you're new to Windows XP or you need help dealing with the applications that come with it. Open the book and you'll discover clear, easy-to-follow instructions for more than 250 key Windows XP tasks, each presented in ten quick steps-or less. Easy-to-navigate pages, lots of screen shots, and to-the-point directions guide you through every common (and not-so-common) Windows XP challenge-and help you get more done in less time. * Each solution is ten steps-or less-to help you get the job done fast * Self-contained two-page spreads deliver the answers you need-without flipping pages * A no-fluff approach focuses on helping you achieve results * A resource packed with useful and fun ways to get the most out of Windows XP

Old Windows Made Easy Feb 15 2020 Old Windows Made Easy is the book for anyone who wants to learn the art of window restoration. This is NOT some technical manual that covers a bunch of obscure facts and techniques that only professional preservationists will find useful. Is is NOT a comprehensive explanation of the history and function of wood windows.This book is a simple, straightforward approach that will allow anyone with minimal DIY skills to successfully restore their wood windows with professional looking results. It is the only step-by-step guide on old windows that walks you through the restoration and repair process from beginning to end.You'll learn:- Proper order of operations- Window anatomy- How to easily remove and reinstall window sash-The best way to strip old paint and finish- How to putty glaze like a pro- How to

complete simple epoxy repairs- The best way to paint a window

101 Simple Ways to Show Your Husband You Love Him Nov 06 2021 "As women, we have no idea the power God has given us to encourage or discourage our husbands. We can change the way they walk through the world."—Kathi Lipp Speaker and author Kathi Lipp offers a wealth of creative ideas for how to love and encourage your husband to be the man God has called him to be. With each short, doable plan, you'll not only bless your husband—you'll bless the relationship God created when He brought the two of you together. Here are just a few of the fun ideas Kathi (along with some of her most encouraging friends) suggests to show love to your man: Brag on him on social media. Study up on his favorite team and then watch a game with him. Clean out his car and leave a snack for his ride to work (and not the leftover french fries you found between the seats). 101 Ways to Show Your Husband You Love Him will inspire you to nurture the man you love and foster a lasting, loving, and really fun relationship. Simply Swapped Everyday Jun 13 2022

What Great Parents Do May 12 2022 A golden rule book to parenting best practices, What Great Parents Do concisely presents key strategies to help parents reshape kids' challenging behaviors, create strong family bonds, and guide children toward becoming happy, kind, responsible adults. What Great Parents Do is an everything-you-need-to-know road map for parenting that you will consult again and again. Psychologist Erica Reischer draws on research in child development and cognitive science to distill the best information about parenting today into bite-size pieces with real examples, useful tips, and tools and techniques that parents can apply right away. This book will show you how to do what great parents do so well, including: - Great parents start with empathy - Great parents accept their kids just as they are - Great parents avoid power struggles - Great parents see the goal of discipline as learning, not punishment - Great parents know they aren't perfect A toolbox of the most effective parenting strategies, What Great Parents Do is accessible, actionable, and easy to follow.

The United States Department of Commerce Publications, Catalog and Index Supplement Jul 02 2021

75 Hard Aug 15 2022 Do you lack confidence, grit, endurance, fortitude, self-esteem and all the other things that don't just make someone great, but successful in everything they do? What if you could completely transform yourself into someone who could do anything? I'm not talking about the change that happens for a week or a month or a year...but for your whole life? What would that legitimately and realistically be worth to you? Everybody tries to tell themselves that they are "special" or "great"...but it's just talk. It's not reality. This book tells you how to do that. It doesn't cost anything to execute this program...but it ain't free. I guarantee if you do exactly as I tell you to do it with no compromises and zero substitutions...you and your life will never be the same.-Andy Frisella

The Little Book of Self-Care for Aquarius Feb 26 2021 Everything you need to know about self-care—especially for Aquarius! Take Time for You, Aquarius! It's me time—powered by the zodiac! Welcome star-powered strength and cosmic relief into your life with The Little Book of Self-Care for Aquarius. While Aquarius may typically lead with the mind and not the heart, this book truly puts value in taking care of your whole self. Let the stars be your guide as you learn just how important astrology is to your self-care routine. Discover more about your sign and your ruling element, air, and then find the perfect set of self-care

ideas and activities for you. From sipping cardamom coffee to listening to Mozart, you will find more than one hundred ways to heal your mind, body, and active spirit. It's stellar self-care especially for you, Aquarius!

Best Friend for Life Jun 20 2020 Revised, expanded, and redesigned, this handy paperback edition is loaded with irresistible photos and easy-to-implement tips for raising a happy, healthy, well-mannered dog, no matter what the breed or environment. Every dog owner wants to communicate better with his or her pet, insuring the well-being of both dog and owner. This inspiring book has great tricks and ideas for dog owners of all kinds, from the first-timer to the lifelong pet owner—and its combination of simple, practical tips with delightful photos and inspiring stories of real dogs makes for a little book that has everything. A self-described "dog listener," Anne Bobby has translated her deep animal intuition and extensive experience into 75 easy-to-follow tips written from the point of view of the dog addressing the owner. They cover the most common questions and dilemmas dog-owners face, from figuring out the healthiest snacks to how to introduce a dog to the new baby, to how to instill proper "petiquette" at the dog run. Each tip is illustrated by a photo from well-known animal photographer Jim Dratfield, making the book as "gifted" and adorable as it is practical.

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