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in the Early Years TIP 35: Enhancing Motivation
for Change in Substance Use Disorder
Treatment (Updated 2019) Literacy and
Mothering Life Atomic Habits Cornerstone
American Government Patient Flow

This book is dedicated to improving healthcare through reducing delays experienced by patients. With an interdisciplinary approach, this new edition, divided into five sections, begins by examining healthcare as an integrated system. Chapter 1 provides a hierarchical model of healthcare, rising from departments, to centers, regions and the "macro system." A new chapter demonstrates how to use simulation to assess the interaction of system components to achieve

performance goals, and Chapter 3 provides hands-on methods for developing process models to identify and remove bottlenecks, and for developing facility plans. Section 2 addresses crowding and the consequences of delay. Two new chapters (4 and 5) focus on delays in emergency departments, and Chapter 6 then examines medical outcomes that result from waits for surgeries. Section 3 concentrates on management of demand. Chapter 7 presents breakthrough strategies that use real-time monitoring systems for continuous improvement. Chapter 8 looks at the patient appointment system, particularly through the approach of advanced access. Chapter 9 concentrates on managing waiting lists for surgeries, and Chapter 10 examines triage outside of emergency departments, with a focus on allied health programs. Section 4 offers analytical tools and models to support analysis of patient flows. Chapter 11 offers techniques for scheduling staff to match patterns in patient demand. Chapter 12 surveys the literature on simulation modeling, which is widely used for both healthcare design and process improvement. Chapter 13 is new and demonstrates the use of process mapping to represent a complex regional trauma system. Chapter 14 provides methods for forecasting demand for healthcare on a region-wide basis. Chapter 15 presents queueing theory as a method for modeling waits in healthcare, and Chapter 16 focuses on rapid delivery of medication in the event of a catastrophic event. Section 5 focuses on achieving change. Chapter 17 provides a diagnostic for assessing the state of a hospital and using the state assessment to select improvement strategies. Chapter 18 demonstrates the importance of optimizing care as patients transition from one care setting to the next. Chapter 19 is new and shows how to implement programs that improve patient satisfaction while also improving flow. Chapter 20 illustrates how to evaluate the overall portfolio of patient diagnostic groups to guide

system changes, and Chapter 21 provides project management tools to guide the execution of patient flow projects. What If You Could Change the World without Changing Your Daily Routine? When you've been transformed by God's love, you can't help but want others to experience the same grace and freedom. But how do you share it without scaring them away or offending them? For most Christians, "evangelism" is an intimidating word that suggests handing out tracts to strangers or doing other awkward things. But what if there was a more organic, more authentic way to share your faith with your friends, neighbors, and coworkers? Dave and Jon Ferguson have found five simple, straightforward practices that will allow any believer to do just that. And by consistently living them out, you can affect not just individual lives but your entire neighborhood and community—one person at a time. The Future of Nursing explores how nurses' roles, responsibilities, and education should change significantly to meet the increased demand for care that will be created by health care reform and to advance improvements in America's increasingly complex health system. At more than 3 million in number, nurses make up the single largest segment of the health care work force. They also spend the greatest amount of time in delivering patient care as a profession. Nurses therefore have valuable insights and unique abilities to contribute as partners with other health care professionals in improving the quality and safety of care as envisioned in the Affordable Care Act (ACA) enacted this year. Nurses should be fully engaged with other health professionals and assume leadership roles in redesigning care in the United States. To ensure its members are well-prepared, the profession should institute residency training for nurses, increase the percentage of nurses who attain a bachelor's degree to 80 percent by 2020, and double the number who pursue doctorates. Furthermore, regulatory and institutional obstacles -- including limits on nurses' scope of practice -- should be removed so that the health system can reap the full benefit of nurses' training, skills, and knowledge in patient care. In this book, the Institute of Medicine makes recommendations for an action-oriented blueprint for the future of

nursing. The #1 New York Times bestseller. Over 4 million copies sold! Tiny Changes, Remarkable Results No matter your goals, Atomic Habits offers a proven framework for improving--every day. James Clear, one of the world's leading experts on habit formation, reveals practical strategies that will teach you exactly how to form good habits, break bad ones, and master the tiny behaviors that lead to remarkable results. If you're having trouble changing your habits, the problem isn't you. The problem is your system. Bad habits repeat themselves again and again not because you don't want to change, but because you have the wrong system for change. You do not rise to the level of your goals. You fall to the level of your systems. Here, you'll get a proven system that can take you to new heights. Clear is known for his ability to distill complex topics into simple behaviors that can be easily applied to daily life and work. Here, he draws on the most proven ideas from biology, psychology, and neuroscience to create an easy-to-understand guide for making good habits inevitable and bad habits impossible. Along the way, readers will be inspired and entertained with true stories from Olympic gold medalists, award-winning artists, business leaders, life-saving physicians, and star comedians who have used the science of small habits to master their craft and vault to the top of their field. Learn how to: make time for new habits (even when life gets crazy); overcome a lack of motivation and willpower; design your environment to make success easier; get back on track when you fall off course; ...and much more. Atomic Habits will reshape the way you think about progress and success, and give you the tools and strategies you need to transform your habits--whether you are a team looking to win a championship, an organization hoping to redefine an industry, or simply an individual who wishes to quit smoking, lose weight, reduce stress, or achieve any other goal. Motivation is key to substance use behavior change. Counselors can support clients' movement toward positive changes in their substance use by identifying and enhancing motivation that already exists. Motivational approaches are based on the principles of person-centered counseling. Counselors' use of empathy, not authority and power, is key to enhancing clients'

motivation to change. Clients are experts in their own recovery from SUDs. Counselors should engage them in collaborative partnerships. Ambivalence about change is normal. Resistance to change is an expression of ambivalence about change, not a client trait or characteristic. Confrontational approaches increase client resistance and discord in the counseling relationship. Motivational approaches explore ambivalence in a nonjudgmental and compassionate way. This book introduces, explains, and illustrates the theories, concepts, and methods needed for sound enterprise engineering. These are based on foundational insights, specifically those concerning the employee-centric theory of organization, which are put into practice by coherently and consistently applying them to enterprise design and change. The book consists of five main chapters, the first of which emphasizes the importance of linking foundational insights with the enterprise engineering design science for practicing them in enterprise design within the scope of enterprise governance concerned with enterprise change. Chapter 2 summarizes the necessary philosophical, ontological and ideological foundations of enterprise design and change. Subsequently, chapter 3 outlines essential aspects of enterprise change and describes the relation between enterprise governance and the process of enterprise design, while chapter 4 details the enterprise engineering design science and the actual enterprise design process, its various perspectives and both its intermediate and final results. Lastly, chapter 5 illustrates in detail the application of all the process steps in a single, extensive example. In this way, the book shows how all the cornerstones of enterprise design and change, as well as the employee-centric theory of organization can be applied. The book is mainly intended for students in areas such as business administration, management and organization science, governance, and enterprise and information systems design. However, professionals working in these areas will also benefit from the book, as it provides them with all the elements needed for engineering enterprise design, and details their application. 6 copies of Blown Away The Model Rules of Professional Conduct provides an up-to-

date resource for information on legal ethics. Federal, state and local courts in all jurisdictions look to the Rules for guidance in solving lawyer malpractice cases, disciplinary actions, disqualification issues, sanctions questions and much more. In this volume, black-letter Rules of Professional Conduct are followed by numbered Comments that explain each Rule's purpose and provide suggestions for its practical application. The Rules will help you identify proper conduct in a variety of given situations, review those instances where discretionary action is possible, and define the nature of the relationship between you and your clients, colleagues and the courts. Ready for Anything: The Making of a Change Leader challenges students to think differently about their experience as a change leader. The book calls into question their assumptions about people and change and suggests new opportunities and strategies for effecting change. Pragmatically divided into four parts, the text addresses and gives thought to some of the primary dilemmas and paradoxes surrounding leadership and change. Part I provides readers with the essential tools to self-monitor and self-develop the leader within them. Part II focuses on the learning organization and how to prepare and shape the change culture. In Part III, readers are encouraged to rethink notions and complex conversations related to gender, race, class, ethics, and inclusion. The final chapters map out and explore future perspectives in organizational development and change leadership. Recognizing that the role of the change agent has become more complex, the second edition examines our new reality and how it affects society, organizations, and organizational effectiveness. The text is now coauthored by Dr. Michela Henke-Cilenti and features new content on nontraditional organizational development methods, transformation, positive change, and generative dialogues. The text has been restructured based on reviewer feedback with each chapter now featuring clear chapter takeaways, summaries, and discussion and self-reflection questions. The opening chapter is entirely new, and the book includes four comprehensive organizational development case, which demonstrate the complexities of change in practice. Timely and essential, Ready for Anything is an exemplary

resource for courses in management and organizational behavior. The third book in Theodore Gray's bestselling Elements Trilogy, Reactions continues the journey through the world of chemistry that began with his two previous bestselling books The Elements and Molecules. With The Elements, Gray gave us a never-before-seen, mesmerizing photographic view of the 118 elements in the periodic table. In Molecules, he showed us how the elements combine to form the content that makes up our universe. With Reactions Gray once again puts his one-of-a-kind photography and storytelling ability to work demonstrating how molecules interact in ways that are essential to our very existence. The book begins with a brief recap of elements and molecules and then goes on to explain important concepts that characterize a chemical reaction, including Energy, Entropy, and Time. It is then organized by type of reaction including chapters such as "Fantastic Reactions and Where to Find Them," "On the Origin of Light and Color," "The Boring Chapter," in which we learn about reactions such as paint drying, grass growing, and water boiling, and "The Need for Speed," including topics such as weather, ignition, and fire. 6 copies of The Big Catch Knowledge in the process of educational change is said to be a missing ingredient in attempts to bring about educational innovation. This volume analyzes productive change processes and identifies corresponding action strategies. Get on the cutting edge of organization development Practicing Organization Development: Leading Transformation and Change, Fourth Edition is your newly revised guide to successful organization development. This edition has been updated to explore the cutting edge of change management, leadership development, organizational transformation, and society benefit. These concepts are explored through emerging and increasingly accepted strengths-based approaches such as: appreciative inquiry, emotionally and socially intelligent leadership, positive organization development, and sustainable enterprises. This edition offers both theoretical concepts and guides to practical applications, providing you with the knowledge, techniques, and tools to put organizational development to effective use in the workplace.

Organization development is an evolving field focused on understanding and positively impacting the human system processes of groups, teams, organizations, and individual leaders. Thorough organization development results in increased effectiveness, improved health, and overall success. This book shows how to attain positive change by: identifying contemporary themes in organization development, executing organization development approaches, as well as elevating and extending research agenda. This book also illustrates how to influence organizational stakeholders, and how to use this influence to enact key organization development practices. This new edition is enhanced by: Updated chapter-by-chapter lesson plans, sample syllabi, and workshop agendas Revised sample exercises, a test bank, and additional case studies Expanded online appendices that cover regional organization development concepts from around the globe, as well as overviews of additional special issues Organization development is quickly becoming an important aspect of MBA curricula. Practicing Organization Development: Leading Transformation and Change, Fourth Edition gives graduate and doctorate program participants a comprehensive overview of organization development, the resources to learn the field, and the tools to apply their knowledge. Social problems in many domains, including health, education, social relationships, and the workplace, have their origins in human behavior. The documented links between behavior and social problems have compelled governments and organizations to prioritize and mobilize efforts to develop effective, evidence-based means to promote adaptive behavior change. In recognition of this impetus, The Handbook of Behavior Change provides comprehensive coverage of contemporary theory, research, and practice on behavior change. It summarizes current evidence-based approaches to behavior change in chapters authored by leading theorists, researchers, and practitioners from multiple disciplines, including psychology, sociology, behavioral science, economics, philosophy, and implementation science. It is the go-to resource for researchers, students, practitioners, and policy makers looking for current knowledge on

behavior change and guidance on how to develop effective interventions to change behavior. Together, culture and climate can make or break your school improvement efforts. Authors Todd Whitaker and Steve Gruenert help educators understand how to leverage culture and climate to drive deep and lasting change. Learn how to assess current culture, address climate issues, combat challenges, and work toward a collaborative school community dedicated to achieving high levels of learning for all. Rely on this book's effective school improvement strategies for creating a collaborative culture in schools: Understand the commonalities and differences between school climate and school culture. Identify the characteristics of specific types of classroom cultures for self-assessment and improvement in creating a positive classroom climate. Learn how to assess the values and beliefs of educators at the classroom and school levels. Discover your school's capacity for culture change using a step-by-step process. Consider how the elements of climate and culture influence school effectiveness and school improvement efforts.

Contents: Introduction: How Culture and Climate Can Improve Schools Chapter 1: How to Define School Culture Chapter 2: Differences Between Culture and Climate Chapter 3: Elements of Climate Chapter 4: Classroom Cultures Chapter 5: The Culture Scorecard Chapter 6: The Capacity to Change Chapter 7: School Culture Assessment Chapter 8: The Necessity of Culture Change Chapter 9: A Closer Look at Values Chapter 10: Not the Perfect Culture, the Right Culture Epilogue References and Resources Index Chapter 9: Climatic Regions and Climate Change of the eBook

Understanding Physical Geography. This eBook was written for students taking introductory Physical Geography taught at a college or university. For the chapters currently available on Google Play presentation slides (Powerpoint and Keynote format) and multiple choice test banks are available for Professors using my eBook in the classroom. Please contact me via email at Michael.Pidwirny@ubc.ca if you would like to have access to these resources. The various chapters of the Google Play version of Understanding Physical Geography are FREE for individual use in a non-classroom environment.

This has been done to support life long learning. However, the content of Understanding Physical Geography is NOT FREE for use in college and university courses in countries that have a per capita GDP over \$25,000 (US dollars) per year where more than three chapters are being used in the teaching of a course. More specifically, for university and college instructors using this work in such wealthier countries, in a credit-based course where a tuition fee is accessed, students should be instructed to purchase the paid version of this content on Google Play which is organized as one of six Parts (organized chapters). One exception to this request is a situation where a student is experiencing financial hardship. In this case, the student should use the individual chapters which are available from Google Play for free. The cost of these Parts works out to only \$0.99 per chapter in USA dollars, a very small fee for my work. When the entire textbook (30 chapters) is finished its cost will be only \$29.70 in USA dollars. This is far less expensive than similar textbooks from major academic publishing companies whose eBook are around \$50.00 to \$90.00. Further, revenue generated from the sale of this academic textbook will provide “the carrot” to entice me to continue working hard creating new and updated content. Thanks in advance to instructors and students who abide by these conditions. IMPORTANT - This Google Play version is best viewed with a computer using Google Chrome, Firefox or Apple Safari browsers. 50 years of an iconic classic! This international bestseller and inspiration for a beloved movie is a heroic story of friendship and belonging. Cover may vary. No one ever said life was easy. But Ponyboy is pretty sure that he's got things figured out. He knows that he can count on his brothers, Darry and Sodapop. And he knows that he can count on his friends—true friends who would do anything for him, like Johnny and Two-Bit. But not on much else besides trouble with the Socs, a vicious gang of rich kids whose idea of a good time is beating up on “greasers” like Ponyboy. At least he knows what to expect—until the night someone takes things too far. The Outsiders is a dramatic and enduring work of fiction that laid the groundwork for the YA genre. S. E. Hinton's classic story of a boy who finds himself on the

outskirts of regular society remains as powerful today as it was the day it was first published. "The Outsiders transformed young-adult fiction from a genre mostly about prom queens, football players and high school crushes to one that portrayed a darker, truer world." —The New York Times "Taut with tension, filled with drama." —The Chicago Tribune "[A] classic coming-of-age book." —Philadelphia Daily News A New York Herald Tribune Best Teenage Book A Chicago Tribune Book World Spring Book Festival Honor Book An ALA Best Book for Young Adults Winner of the Massachusetts Children's Book Award The sixth edition helps students focus on practical strategies for CHANGE. Those who can master change with a positive attitude take calculated risks and maintain an open mind will succeed. Filled with inspiring stories and powerful activities, this motivating book teaches success through discovery, goal-setting and determination. KEY TOPICS: Cornerstone Concise utilizes SQ3R and Bloom's Taxonomy throughout, employing the reading and critical thinking strategies necessary for student achievement. Thoroughly updated, it includes a new chapter on Interpersonal Communication, and now extensively covers Information Literacy. Also provides updated and expanded information on money and debt management and a stronger focus on self-engagement. The chapter on Critical Thinking is brand new, empowering students to advance in the classroom and beyond. MARKET: Appropriate for High School levels 10-12 and first and second year college/university students, Cornerstone is intended for students in a first-year student success or college orientation class. Leading Change in the Early Years focuses on the type of leadership skill needed for leading the reform and change agendas that challenge the early years sector. Early years professionals are expected to implement a range of government initiatives, as well as professionally endorsed changes, aimed at raising the quality of early years provision. The ease and success with which such initiatives are implemented relies on the competent leadership of change, that is, knowledge, understanding and expertise in encouraging, supporting and working with everyone involved with implementing and

sustaining change. This resource helps to unpick the principles, processes and practice of effecting change and offers early years professionals a practical guide to the important elements relevant for meeting the political agenda for quality improvement and the professional challenge of effecting responsible change. Key content includes: the link between competent leadership and successful change dimensions, models and processes of change leadership skills for effecting change strategies for reducing reluctance and resistance This book is ideal for early years leaders who understand the general principles and practice of leadership, but who are interested in exploring and expanding their understanding and expertise in leading reform and change. Jillian Rodd is an educational and developmental psychologist and has published widely in the early childhood field throughout the world. This is a powerful text that utilises the voices of early years leaders to clearly articulate the challenges of leading change and demonstrate how the sector is rising to that challenge. It is, therefore, an excellent and vital resource for all working in the early years sector and comes at absolutely the right time as the pace of change in the sector continues to be fast flowing. This book comprehensively and accessibly draws together theory and practice enabling a thorough exploration of the subtle nuances within current debates as to the interrelationship and interaction of leadership and change. The closing thoughts at the end of each chapter are inspired; not simply a summary of the chapter, but an opportunity to underline the importance of key issues. The constructive and helpful strategies offered throughout the text give considerable support for those charged with leading change in the early years sector and, consequently, should be on the bookshelf of every early years setting. Dr Caroline Leeson, Associate Professor of Early Childhood Studies, Plymouth University In a constantly changing world strong leadership and change management skills become of paramount importance and there is an increasing expectation that early years professionals are able to negotiate these domains. This text draws on research evidence and case studies from practice to support those dealing with change on

a daily basis. By encouraging early years professionals to draw on their skills of leadership and interpersonal relationships, Jillian provides clear strategies to enact change. This is a 'must have' book for all those working in the Early Years. Nikki Fairchild, Early Years Initial Teacher Training Programme Coordinator, University of Chichester At a time when early years practitioners everywhere are feeling pressure to respond to the children's policy agenda, this accessible guide offers support in implementing and sustaining change. Underpinned by theoretical models, Rodd explores the relationship between leadership and quality and identifies the dynamics of change within the processes of leadership. The text is complemented by comments from a wide of practitioners illustrating how professionals in different contexts experience and respond to the complexity of change. Rory McDowall Clark, Senior Lecturer in Early Childhood, Worcester University Jillian Rodd gives a contemporary view of leadership and change incorporating the latest research from the early years sector. Practitioner voices are evident throughout the book and bring the text to life, helping to contextualise theory explained in the chapters to real issues practitioners encounter in everyday practice. The book provides insight to the complexities of leadership and change, essential understanding for both early years students and practitioners. Natalie Canning, Lecturer in Education - Early Years, The Open University This latest book from Jillian Rodd is timely as early childhood services continue to respond to the demands of policy and funding changes arising from continuing government interest in the early years. Another important application lies in responding to complexity arising from diverse communities and the challenges of improving and developing pedagogy and curriculum to enhance each child's learning and wellbeing. Currently there is little available that specifically addresses change in the early years. 'Leading change in the early years' progressively develops an argument that change is complex and multi-faceted, conceptualising change as encompassing quality improvement as a core function of early years services rather than as a special event to be managed. The role of leadership is presented as embedded within

change where multiple leaders have responsibilities to contribute to change through building professional relationships that support collective endeavours within services. In recognising the complexity of change the work draws on current research offering comprehensive coverage of the issues and significant factors associated with change, including the importance of establishing and nurturing a culture of learning within a service. This latest work is very accessible and will be invaluable for existing early childhood leaders, aspiring leaders and tertiary students. I have no doubt this book will be valued as a companion to the acclaimed Leadership in Early Childhood now in the 4th edition. Kaye Colmer, CEO Gowrie SA Change is the big 'c' word in contemporary educational environments. Information overload, turbulence and complexity characterise our everyday practice and our paths up ahead. The inevitability of change means we must be prepared and can be proactive in responding to external drivers, as well as in initiating reform. Most of all we must be willing to learn and to grow in our thinking. In this book, Jillian Rodd, a pioneer leadership researcher is once again, on the front foot, engaging early childhood readers with inquiry, insights and innovation. Rodd's approach to leading change makes it possible to embrace challenges as opportunities. This book is a 'must read' for intentional leaders seeking practical strategies for the everyday realities of early childhood settings. Manjula Waniganayake (PhD), Associate Professor at the Institute of Early Childhood , Macquarie University Modern organizational crises are complex, diverse, and frequent. Ineffective crisis management can result in catastrophic loss. Crisis Management: Resilience and Change introduces students to best practices for preventing, containing, and learning from crises in our global, media-driven society. While covering the strengths of existing works on crisis management, such as systems, leadership, communication, and stakeholder perspective, this innovative new text goes beyond to include global, ethical, change, and emotional aspects of crisis communication. Using her proven transformative crisis management framework, Sarah Kovoov-Misra illustrates how organizations of all sizes can be

adaptable, proactive, resilient, and ethical in the face of calamity. A lab manual designed for non-science majors; this book offers a genetics-based, one semester lab course in the life sciences. Activities include: the scientific process, blood pressure, pulse, reflexes, sensations, genetics and pedigrees, DNA typing (PCR), sexually transmitted infections, cell division, evolution and genetic drift. Emphasis is placed on data collection and analysis, problem solving, and the development of critical thinking skills. Numerous full color photos are throughout the lab manual assist students in performing various lab activities and understanding content. The emphasis in this course is on humans as they provide readily available "subjects" to study in the lab. However, the concepts presented in these lab activities apply to all living organisms. A unique aspect to this lab manual is the integration of "Lab and Your Life" sections in each chapter, which apply content under study to the "real world" outside the classroom. Many of these topics are disease-related, but there are others which are not associated with disease yet still have significance in the lives of many individuals. These sections often provide the answers to the "So What?, Who Cares?, or Why is this important?" questions students often ask themselves (or others). Additionally, most chapters begin with someone's personal life "story" which is related in some way to the content in the course. All of these stories are true; most were actually written by the individuals who actually experienced the events described, and they put a more personal "spin" on the topics discussed. Each chapter has clearly written lab activities, including step by step instructions, diagrams, and background content needed to allow students to fully understand the concepts explored in lab, without an accompanying lecture course. Activities encourage hands-on exploration and active learning, and link the lab content to life "outside the lab." The book has full color art and integrated tear out review pages in each chapter. Many of these assignments require application of content and are designed to stimulate critical thinking skills and creative problem solving. 277 pages Methodological know-how has become one of the key

qualifications in contemporary linguistics, which has a strong empirical focus. Containing 23 chapters, each devoted to a different research method, this volume brings together the expertise and insight of a range of established practitioners. The chapters are arranged in three parts, devoted to three different stages of empirical research: data collection, analysis and evaluation. In addition to detailed step-by-step introductions and illustrative case studies focusing on variation and change in English, each chapter addresses the strengths and weaknesses of the methodology and concludes with suggestions for further reading. This systematic, state-of-the-art survey is ideal for both novice researchers and professionals interested in extending their methodological repertoires. The book also has a companion website which provides readers with further information, links, resources, demonstrations, exercises and case studies related to each chapter. Life on 1/10th the fossil fuels turns out to be awesome. We all want to be happy. Yet as we consume ever more in a frantic bid for happiness, global warming worsens. Alarmed by drastic changes now occurring in the Earth's climate systems, the author, a climate scientist and suburban father of two, embarked on a journey to change his life and the world. He began by bicycling, growing food, meditating, and making other simple, fulfilling changes. Ultimately, he slashed his climate impact to under a tenth of the US average and became happier in the process. Being the Change explores the connections between our individual daily actions and our collective predicament. It merges science, spirituality, and practical action to develop a satisfying and appropriate response to global warming. Part one exposes our interconnected predicament: overpopulation, global warming, industrial agriculture, growth-addicted economics, a sold-out political system, and a mindset of separation from nature. It also includes a readable but authoritative overview of climate science. Part two offers a response at once obvious and unprecedented: mindfully opting out of this broken system and aligning our daily lives with the biosphere. The core message is deeply optimistic: living without fossil fuels is not only possible, it can be better. AWARDS GOLD (tie) | 2017 IPPY Awards: Books

Most Likely to Save the Planet SILVER | 2017 Nautilus Book Awards: Green Living / Sustainability BRONZE | 2017 Foreword INDIES: Ecology & Environment

Feminism in Practice uses feminism as a blueprint for exploring change strategies. It features twenty contemporary feminists from diverse arenas, including activists, comedians, musicians, politicians, poets, and showrunners. The women come to life through line drawings, brief biographies, extensive quotations, their definitions of feminism, and the change strategies they employ. Questions for reflection encourage readers to think through their own relationship to feminism and change. Chapter 1 defines feminism, raising issues with the typical definition of feminism as the effort to achieve equality between women and men. It concludes with a description of over twenty types of feminism. Chapter 2 describes the triggering events, happening places, and key ideas of the four waves of feminism. The opening chapters provide a comprehensive understanding of the diversity and complexity of feminist movement. The book is organized around five primary objectives that animate contemporary change efforts—proclaiming identity, naming a problem, enriching a system, changing a system, and creating an alternative system. Each objective is developed through theoretical assumptions and twelve change strategies that show it at work in feminist movement. *Feminism in Practice* also serves as a practical handbook that readers can use to experiment with the strategies and expand their toolkits for creating change in their lives and worlds. The authors are uniquely qualified to explore issues of feminism and change. Karen Foss and Sonja Foss are second wave feminists who have written extensively on alternative change strategies, feminist communication, and feminist theory. Alena Ruggerio brings to the project the standpoint of a third wave feminist at home in pop culture. Her scholarship lies at the intersection of rhetoric, feminism, and religious studies. Winner of the 2013 Eleanor Maccoby Award from APA Division 7, Women's schooling is strongly related to child survival and other outcomes beneficial to children throughout the developing world, but the reasons behind these statistical connections have been unclear. In

Literacy and Mothering, the authors show, for the first time, how communicative change plays a key role: Girls acquire academic literacy skills, even in low-quality schools, which enable them, as mothers, to understand public health messages in the mass media and to navigate bureaucratic health services effectively, reducing risks to their children's health. With the acquisition of academic literacy, their health literacy and health navigation skills are enhanced, thereby reducing risks to children and altering interactions between mother and child. Assessments of these maternal skills in four diverse countries - Mexico, Nepal, Venezuela, and Zambia - support this model and are presented in the book. Chapter 1 provides a brief history of mass schooling, including the development of a bureaucratic Western form of schooling. Along with the bureaucratic organization of healthcare services and other institutions, this form of mass schooling spread across the globe, setting new standards for effective communication - standards that are, in effect, taught in school. Chapter 2 reviews the demographic and epidemiological evidence concerning the effects of mothers' education on survival, health, and fertility. In this chapter, the authors propose a model that shows how women's schooling, together with urbanization and changes in income and social status, reduce child mortality and improve health. In Chapter 3, the authors examine the concept of literacy and discuss how its meanings and measurements have been changed by educational research of the last few decades. Chapter 4 introduces the four-country study of maternal literacy. Chapters 5, 6, and 7 present the findings, focusing on academic literacy and its retention (Chapter 5), its impact on maternal health literacy and navigation skills (Chapter 6), and changes in mother-child interaction and child literacy skills (Chapter 7). Chapter 8 presents a new analysis of school experience, explores policy implications, and recommends further research. Between 1930 and 2030, the world's population will have flipped from 70% rural to 70% urban. While much has been written about the impacts of climate change and mitigation of its effects on individual buildings or infrastructure, this book is one of the first to focus on the resilience of whole cities. It covers a broad range of area-

wide disaster-level impacts, including drought, heatwaves, flooding, storms and air quality, which many of our cities are ill-adapted to cope with, and unless we can increase the resilience of our urban areas then much of our current building stock may become uninhabitable. To gain a fuller understanding of American politics today, students need to learn how it has evolved, from its founding principles to its contemporary practices. Such a perspective is crucial for making sense of the strategic and ideological battles in twenty-first century American politics. Cal Jillson's *American Government: Political Development and Institutional Change* fosters this understanding by providing insights into how institutions, avenues of participation, and policies have changed over time to produce today's political environment in the United States. Going one step further, Jillson homes in on the critical question of how American democracy might work better, focusing in every chapter on reform and change into the future. These revisions make the sixth edition better than ever: New chapter opening vignettes emphasizing the Constitution and how it both structures political change and is continually reinterpreted. Separate chapters for civil liberties and civil rights, each subject receiving a fuller treatment than in previous editions. Updates throughout to reflect the 2010 midterm elections. Coverage of President Obama's first two years in office. Along the way, several pedagogical features foster critical thinking and analysis: Key terms defined in the margins on the page where they appear help students study important concepts. Focus questions at the beginning of every chapter highlight the central learning objectives, and focus question icons throughout the chapter flag relevant discussions. Colorful figures and charts help students visualize important information. "Let's Compare" boxes analyze how functions of government and political participation work in other countries, a proven method for better learning. "Pro & Con" boxes bring to life a central debate in each chapter, from questions over campaign finance, bias in the media, and the balance between the president and Congress in war making, to judicial activism and restraint, gay marriage, and equitable taxes. Time lines in every chapter give students an at-a-glance reference to

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