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Everything You Always Wanted to Know about Heaven
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The Big Book of Bicycling
The Boy's Body Book
A Degree in a Book: Philosophy
Everything You Always Wanted to Know about God (But Were Afraid to Ask)
Getting Everything You Can Out of All You've Got
Everything You Are
The How-To Book of Catholic Theology
Everything You Need
Everything You Want Me to Be
Everything You Ever Wanted
Everything I Never Told You
Everything Heaven All You Need to Know about the Music Business
The Only Guitar Book You'll Ever Need
The Emotional Intelligence Quick Book
The Period Book
Everything You'd Better Know about the Record Industry
Give Me Everything You Have
The First 20 Hours
Coral Castle
A Degree in a Book: Anthropology
White Women
Everything You Wanted to Know about Indians
But Were Afraid to Ask
Diabetes
Head to Toe
Everything You Know About God Is Wrong
Everything You Need to Know When You Are 10
Everything You Need to Grow a Messianic Yeshiva
Everything You'll Need to Know Vol.5
Personal Development
Everything for You
Everything You Ever Wanted to Know About Cricket
But Were too Afraid to Ask
Everything You Need to Know About Hate Crimes
Everything You Need to Know About Sexual Consent
Everything You Need to Know About Birth Control
Everything You Always Wanted to Know About Lacan
But Were Afraid to Ask
Hitchcock

The acclaimed debut novel by the author of *Little Fires Everywhere* and *Our Missing Hearts* "A taut tale of ever deepening and quickening suspense." —O, the Oprah Magazine "Explosive .

. . Both a propulsive mystery and a profound examination of a mixed-race family." —Entertainment Weekly "Lydia is dead. But they don't know this yet." So begins this exquisite novel about a Chinese American family living in 1970s small-town Ohio. Lydia is the favorite child of Marilyn and James Lee, and her parents are determined that she will fulfill the dreams they were unable to pursue. But when Lydia's body is found in the local lake, the delicate balancing act that has been keeping the Lee family together is destroyed, tumbling them into chaos. A profoundly moving story of family, secrets, and longing, *Everything I Never Told You* is both a gripping page-turner and a sensitive family portrait, uncovering the ways in which mothers and daughters, fathers and sons, and husbands and wives struggle, all their lives, to understand one another. The questions and the answers are always inside you, as are those unique abilities to discover and enjoy your potential. Do you feel unprepared to be a difference maker in the world? In *Everything You Need*, New York Times bestselling author and beloved Bible teacher Dr. David Jeremiah equips you with eight critical tools from God's Word to empower you to live confidently, act boldly, and never stumble. Are you searching for greater confidence, purpose, and peace in your life? Are the distractions and pressures of this world weighing you down? If you're overwhelmed, there's help at your fingertips—help that will give you everything you need to walk life's journey with resilience and strength. In *Everything You Need*, bestselling author and Bible teacher Dr. David Jeremiah uses 2 Peter 1:3-11 to show you the path to spiritual and personal transformation through some of the critical tools the Lord provides—diligence, virtue, knowledge, self-

control, perseverance, godliness, kindness, and love—to help you live boldly and confidently. Dr. Jeremiah also highlights the extraordinary resources God has already provided for your growth: His divine power and precious promises. Everything You Need contains: Specific ways to take your divine gifts and develop eight remarkable character qualities Inspiring stories and practical truth to help you walk and work with confidence as a member of God’s kingdom Knowledge to strengthen you to soar above your circumstances and make the most of every opportunity It’s time to unpack all that God has provided and take your next step toward a life of confidence in His promises. You already have everything you need! Communities and schools across the United States have recently been shocked by reports of the frequency of rape and sexual assault. Sexual consent has become an increasingly important issue. This title examines this difficult issue and reveals campus and community efforts to educate students about sexual consent, shortcomings in addressing rape accusations, and current laws pertaining to consent. Call-outs share special tips, like what to ask a specialist and how to recognize common myths and facts. Most importantly, readers will learn how to set their own and respect each others’ boundaries and what to do if those boundaries are ignored. "Hattie Hoffman has spent her whole life playing many parts: the good student, the good daughter, the good girlfriend. When she's found brutally stabbed to death, the tragedy rips right through the fabric of her small-town community. Full of twists and turns, Everything You Want Me to Be reconstructs a year in the life of a dangerously mesmerizing young woman, during which a small town's darkest secrets come to the forefront, and she inches closer and closer to her death."-- The world's authority on cycling provides a comprehensive guide to the sport for cyclists of all levels The sport of cycling has experienced an exciting boom in popularity fueled by Lance Armstrong's success and recent comeback, the popularity of triathlons, rising gas prices, and the need to find a sport that lets people have some fun while they get fit. No one knows more about this boom than the pros at Bicycling magazine. For nearly 50 years, Bicycling has brought its readers the most up-to-

date advice on everything from training and gear to nutrition and stories of cycling's greatest stars. Now, for the first time, Bicycling gathers its best advice in The Big Book of Bicycling, a must-have book that cyclists of all levels can refer to again and again for answers to all of their cycling questions. Senior editor Emily Furia and her colleagues have gathered the latest, most useful information on getting started, buying gear, maintaining both road and mountain bikes, training for speed, racing techniques, understanding the rules of the road, and much more. This evergreen book is an invaluable resource for any cyclist who wants to ride their best. This bestselling, essential illustrated guidebook for adolescent girls is a trusty friend that can help girls feel confident about this new phase of their lives. What is my period exactly? Do I need to see a doctor? What does it feel like to wear a pad? What if I get my period at school? Karen Gravelle and her fifteen-year-old niece, Jennifer Gravelle, have written a down-to-earth and practical book that answers any questions you might have about your period, from what it is and what it feels like, to how to choose pads and tampons, to how to talk to your parents about it. The Period Book will help guide you through all the physical, emotional, and social changes that come with your period, as well as related issues like dealing with pimples, mood swings, and new expectations from friends and family. Debbie Palen's funny and sympathetic cartoons ease the confusion and exasperation you might feel, and celebrate the new sense of power and maturity that your period can bring. From the bestselling author of Whisper Me This comes a haunting and lyrical novel about the promises we make and the forgiveness we need when we break them. One tragic twist of fate destroyed Braden Healey's hands, his musical career, and his family. Now, unable to play, adrift in an alcoholic daze, and with only fragmented memories of his past, Braden wants desperately to escape the darkness of the last eleven years. When his ex-wife and son are killed in a car accident, Braden returns home, hoping to forge a relationship with his troubled seventeen-year-old daughter, Allie. But how can he hope to rescue her from the curse that seems to shadow his family? Ophelia "Phee" MacPhee, granddaughter of the

eccentric old man who sold Braden his cello, believes the curse is real. She swore an oath to her dying grandfather that she would ensure Braden plays the cello as long as he lives. But he can't play, and as the shadows deepen and Phee finds herself falling for Braden, she'll do anything to save him. It will take a miracle of forgiveness and love to bring all three of them back to the healing power of music. Rule age 10 with the earth-shattering secrets and must-know tips they won't teach you in school What's the best gift for a kid who's turned 10? Everything they need to know! Ten is a major year in every kid's life. It's when they finally reach double digits—and that means more freedom and responsibility. It also means there's a ton of stuff to learn, and some of it's pretty important. Inside this hilarious handbook is the information kids need to make 10 one of the best years of their lives—from the fun to the serious to the downright disgusting. Have You Ever Wondered . . . What will Heaven look like? Will I recognize my family and friends? Will childhood pets be there? We all have questions about what Heaven will be like, and now the answers are right at your fingertips! Inspired by Randy Alcorn's million-copy bestseller, *Heaven*, this beautiful little book provides solid, biblically based answers to more than 100 questions about God, Heaven, angels, and eternity. With a supple and durable LeatherLike cover, this book makes a great gift for those who are grieving. If you've ever wondered if Heaven is for real—the answer is yes! In fact, you won't believe how real it actually is. About the Author Randy Alcorn is an author and the founder and director of Eternal Perspective Ministries, a nonprofit ministry dedicated to teaching principles of God's Word and assisting the church in ministering to unreached, unfed, unborn, uneducated, unreconciled, and unsupported people around the world. A New York Times bestselling author of over 50 books, including *Heaven*, *The Treasure Principle*, *If God Is Good*, *Happiness*, and the award-winning novel *Safely Home*, his books sold exceed eleven million copies and have been translated into over seventy languages. Randy resides in Oregon with his wife, Nanci. Forget the 10,000 hour rule— what if it's possible to learn the basics of any new skill in 20 hours or less? Take a moment to consider

how many things you want to learn to do. What's on your list? What's holding you back from getting started? Are you worried about the time and effort it takes to acquire new skills—time you don't have and effort you can't spare? Research suggests it takes 10,000 hours to develop a new skill. In this nonstop world when will you ever find that much time and energy? To make matters worse, the early hours of practicing something new are always the most frustrating. That's why it's difficult to learn how to speak a new language, play an instrument, hit a golf ball, or shoot great photos. It's so much easier to watch TV or surf the web . . . In *The First 20 Hours*, Josh Kaufman offers a systematic approach to rapid skill acquisition— how to learn any new skill as quickly as possible. His method shows you how to deconstruct complex skills, maximize productive practice, and remove common learning barriers. By completing just 20 hours of focused, deliberate practice you'll go from knowing absolutely nothing to performing noticeably well. Kaufman personally field-tested the methods in this book. You'll have a front row seat as he develops a personal yoga practice, writes his own web-based computer programs, teaches himself to touch type on a nonstandard keyboard, explores the oldest and most complex board game in history, picks up the ukulele, and learns how to windsurf. Here are a few of the simple techniques he teaches: Define your target performance level: Figure out what your desired level of skill looks like, what you're trying to achieve, and what you'll be able to do when you're done. The more specific, the better. Deconstruct the skill: Most of the things we think of as skills are actually bundles of smaller subskills. If you break down the subcomponents, it's easier to figure out which ones are most important and practice those first. Eliminate barriers to practice: Removing common distractions and unnecessary effort makes it much easier to sit down and focus on deliberate practice. Create fast feedback loops: Getting accurate, real-time information about how well you're performing during practice makes it much easier to improve. Whether you want to paint a portrait, launch a start-up, fly an airplane, or juggle flaming chainsaws, *The First 20 Hours* will help you pick up the basics of any skill in record time . . . and have more fun along

the way. As you'll learn in *The How-to Book of Catholic Theology: Everything You Need to Know But No One Ever Taught You*, theology at its core is about encountering God's self-revelation in Christ through the Church. In his clear, conversational style, theologian Father John Cush offers a comprehensive overview of Catholic theology, making it both approachable and actionable. In this complete guide you'll learn: Models (or styles) of being a theologian What you need to start your study of theology How to form a theological method How to use the tools of theology How to reconcile differences in theology How the study of theology leads to holiness of life *The How-to Book of Catholic Theology* also includes points to remember, recommended reading, and advice for building your personal theological library.

ABOUT THE AUTHOR Born in Brooklyn, New York, Father John Patrick Cush is a priest of the Diocese of Brooklyn. Ordained in 1998, he earned the Doctorate in Sacred Theology (STD) from the Pontifical Gregorian University in Rome, Italy, with a specialization in fundamental theology. Father Cush currently serves as academic dean and as a formation advisor at the Pontifical North American College, Vatican City-State. He is an adjunct assistant professor of theology at the Pontifical Gregorian University and an adjunct professor of Church History at the Pontifical University of the Holy Cross, both in Rome, Italy. Father Cush writes regularly for the *National Catholic Register*, *The Tablet*, *The Evangelist*, and *Homiletic & Pastoral Review*. He has served as a parish priest, high school teacher, and a Censor of Books for his diocese. This is his first book. "Everyone's a theologian, because everyone believes something about God, even those who reject him. So, the question is not whether we have a theology but whether that theology is true. And that's what makes this excellent book by Fr. John Cush so needed and helpful: It guides us in forming a true theology. From principles on how to develop our theological beliefs to a background on the sources and history of Catholic theology, this primer boils down several years of theology classes into a smart, clear overview. The bonus Appendices, which offer book lists for building a Catholic theological home library, are worth their weight in gold! I highly recommended this

book to the beginning theology student, educated layperson, or anyone wanting their views about to God to be well-formed and aligned with the Church." — Brandon Vogt, author of *Why I Am Catholic* and Content Director at Word on Fire Catholic Ministries "Unlike most theology texts today, Father Cush knows that to understand anything about the divine, one must be properly intellectually, ecclesially, and even mystically conformed to Jesus Christ as encountered through his Mystical Body, the Church. These clear and concise pages outline precisely what that means, to love God by seeking him truly." — Fr. David Meconi, S.J., Director, Catholic Studies Centre, Saint Louis University and Editor, *Homiletic & Pastoral Review* "This little gem provides a fine introduction to the content and methodology of Catholic theology, as well as an understanding of how the study of theology can lead to an increase in personal holiness. Fr. Cush keeps the reader engaged through frequent reflections on his own background and experience in pastoral ministry throughout the book. Whether you are a seminarian, college student, or adult learner, you will surely find this book to be illuminative and enriching." — Dr. Mark J. Zia, Professor of Sacred Theology & Director of Academic Enrichment Programs, Benedictine College "Father John P. Cush has provided a comprehensive, well-organized guide to the basic principles needed for studying theology. The reader benefits from the unbiased selections and wide variety of solid teaching presented, which is so necessary for beginners in theology. With scholarship, humor, and style, Father Cush is able to inspire the reader to love theology. This book will be a gift for students and professors alike for Fundamental Theology courses, as well as anyone simply interested in theology as a field." — Sister Mary Angelica Neenan, O.P., University of Dallas "Father Cush has achieved a marvel: a short, extremely friendly 'how-to' manual for the study of theology for any Catholic who believes in Jesus Christ and wants to know and love him more. He offers the reader not only the 'nuts and bolts' essential to a rock-solid Catholic theology, but he does so while modeling the right spiritual disposition with which a Catholic should undertake theology. I heartily recommend this

book for anyone beginning informal or formal theological study or theological teaching." — Matthew T. Gerlach, PhD, Dean of the Institute for Lay Ministry and Associate Professor of Theology, Sacred Heart Major Seminary

A no-holds-barred guidebook aimed at white women who want to stop being nice and start dismantling white supremacy. It's no secret that white women are conditioned to be "nice," but did you know that the desire to be perfect and to avoid conflict at all costs are characteristics of white supremacy culture? As the founders of Race2Dinner, an organization which facilitates conversations between white women about racism and white supremacy, Regina Jackson and Saira Rao have noticed white women's tendency to maintain a veneer of niceness, and strive for perfection, even at the expense of anti-racism work. In this book, Jackson and Rao pose these urgent questions: how has being "nice" helped Black women, Indigenous women and other women of color? How has being "nice" helped you in your quest to end sexism? Has being "nice" earned you economic parity with white men? Beginning with freeing white women from this oppressive need to be nice, they deconstruct and analyze nine aspects of traditional white woman behavior--from tone-policing to weaponizing tears--that uphold white supremacy society, and hurt all of us who are trying to live a freer, more equitable life. *White Women* is a call to action to those of you who are looking to take the next steps in dismantling white supremacy. Your white supremacy. If you are in fact doing real anti-racism work, you will find few reasons to be nice, as other white people want to limit your membership in the club. If you are not ticking white people off on a regular basis, you are not doing it right. Treuer, an Ojibwe scholar and cultural preservationist, answers the most commonly asked questions about American Indians, both historical and modern. He gives a frank, funny, and personal tour of what's up with Indians, anyway. Featuring beautiful images and a lyrical text with an exquisitely readable cadence, this book gives life and meaning to all the requisite elements of a treehouse, from time, timber, and rafters to ropes of twisted twine that invite visitors to sprawl out on a limb and slide back down again. For anyone who's ever wanted to

escape real life and live in a nostalgic dream come true, this poignant picture book captures the universal timelessness of treehouses and celebrates all the creativity and adventure they spark. Study the diverse cultures of the world and the common threads of humanity in this wonderfully visual guide to anthropology, covering everything you would find on a degree course. *A Degree in a Book: Anthropology* dives deep into the study of human culture and societies. Discover the impact of language on understanding, how different societies approach family and kinship and how different cultures are studied, as well as how anthropology is used in our everyday lives - applied anthropology. This accessible landscape-format guide is perfect for students and laypeople alike, featuring full-color infographics, flow charts, diagrams summary sections and ideas for further reading. Including theories from Herodotus to Malinowski and Durkheim to de Waal, it covers all the major strands of anthropology that are studied today. Subjects covered include: • Fieldwork and Ethnography • Biological Anthropology • Language and Cognition • Gifting and Economic Systems • Exchange and Consumption • Globalization and Transnationalism

ABOUT THE SERIES: Get the knowledge of a degree for the price of a book in Arcturus Publishing's *A Degree in a Book* series. Featuring handy timelines, information boxes, feature spreads and margin annotations, these landscape-format books are perfect for anyone wishing to master seemingly complex subject with ease and enjoyment. A guide to the music business and its legal issues provides real-world coverage of a wide range of topics, including teams of advisors, record deals, songwriting and music publishing, touring, and merchandising. Nothing provided A standard description of Coral Castle goes like this: Coral Castle is a love monument built by an eccentric man called Edward Leedskalnin. The Castle is a giant doll house built for Ed's sweet sixteen and his imaginary children. Ed built stone models of household objects like couches, bathtub, cooker, etc to be used by his fictional family. He also created strange meaningless carvings like the moon fountain and obelisk to impress his lost love. Experts have shown that there is nothing mysterious about the castle or how it was

constructed, just one man's persistent work. In this book, you will see that all the above statements are false. The chapters ahead will prove beyond any dispute that: 1)Coral Castle was NOT built as a love monument. 2)The Castle is NOT a giant doll house built for Ed's imaginary family. 3)There are NO meaningless objects in Coral Castle, each one has a specific meaning or purpose. 4)Opinions of experts and engineers are fundamentally flawed about Coral Castle. This book was not written to show how Coral Castle was built, but WHY Coral Castle was built. Why did Edward Leedskalnin, a 100 pound man with a 4th grade education, attempt to build the only modern megalithic mystery in the world? In addition to this, you will find answers to other burning questions like: a)What is the real meaning of objects like the Barbecue Cooker and Repentance Corner? b)Why did Ed move to the US from Latvia? c)What made Ed carve strange objects like the Stonehenge and Obelisk? d)Why did Ed carve planets and multiple moons side by side? e)Was Ed afflicted with Tuberculosis? f)Why did Ed choose to build Coral Castle in Southern Florida? g)What is the meaning of the drawing on the red door? h)Why did Ed place dozens of rocking chairs all over the Castle? By the end of this book, I hope you will have a very different view of Coral Castle and Edward Leedskalnin. Over 1 Million Copies Sold! Have you ever wondered . . . ? What is Heaven really going to be like? What will we look like? What will we do every day? Won't Heaven get boring after a while? We all have questions about what Heaven will be like, and after twenty-five years of extensive research, Dr. Randy Alcorn has the answers. In the most comprehensive and definitive book on Heaven to date, Randy invites you to picture Heaven the way Scripture describes it—a bright, vibrant, and physical New Earth, free from sin, suffering, and death, and brimming with Christ's presence, wondrous natural beauty, and the richness of human culture as God intended it. This is a book about real people with real bodies enjoying close relationships with God and each other, eating, drinking, working, playing, traveling, worshipping, and discovering on a New Earth. Earth as God created it. Earth as he intended it to be. The next time you hear someone say, "We can't begin to image what Heaven will be like,"

you'll be able to tell them, "I can." "Other than the Bible itself, this may well be the single most life-changing book you'll ever read." —Stu Weber "This is the best book on Heaven I've ever read." —Rick Warren "Randy Alcorn's thorough mind and careful pen have produced a treasury about Heaven that will inform my own writing for years to come." —Jerry B. Jenkins "Randy does an awesome job of answering people's toughest questions about what lies on the other side of death." —Joni Eareckson Tada About the Author Randy Alcorn is an author and the founder and director of Eternal Perspective Ministries, a nonprofit ministry dedicated to teaching principles of God's Word and assisting the church in ministering to unreached, unfed, unborn, uneducated, unreconciled, and unsupported people around the world. A New York Times bestselling author of over 50 books, including Heaven, The Treasure Principle, If God Is Good, Happiness, and the award-winning novel Safely Home, his books sold exceed eleven million copies and have been translated into over seventy languages. Randy resides in Oregon with his wife, Nanci. Everything You Ever Wanted to Know About Cricket But Were too Afraid to Ask explains the often-baffling laws of modern sport in a light-hearted and easy-to-understand way to the new fan/spectator or the 'sport widow'. This is a witty, off-the-wall guide to the rules of modern cricket, as if written by a very patient but understanding friend. Writer Iain Macintosh explains how cricket works and why is it so popular, and reveals the history of the game. He guides the novice through the basic rules of the sport in a bouncy, easy-to-fathom style, but also explains the fast-changing pace of the modern game that has made it even more compelling. If you've ever wondered what a Barmy Army is and how you sign up, or even if you've just wanted someone to sit you down and explain that whole LBW thing, this book is all you ever needed to know about cricket, but were too afraid to ask. Discusses the physical and emotional changes associated with puberty in boys and suggests ways to ease the adjustment to these changes. Gavin We've been teammates for two years, but it feels like Oliver Bergman's been on my last nerve for a lifetime. To make matters worse, he's obscenely attractive. Avoiding Oliver has been my survival tactic on

and off the field. But when Coach drops the bomb that we're now co-captains, avoiding him becomes impossible, and keeping the truth from him is harder than ever. Oliver Life was great until soccer legend Gavin Hayes joined the team. He's a giant - albeit gorgeous - grump who lives to rain on my parade. I've sworn off pranks so, rather than settle our differences the Bergman way, I've been killing Gavin with kindness... Just one problem- it's killing me as well. Coach has given us an ultimatum- put an end to our enmity or say goodbye to being captains. I'm prepared to make nice, but the last thing I expect is to discover an explosive attraction we can't ignore... ----- Readers Reviews ***** The Bergman Brothers series keeps getting better with every book. I absolutely adored Everything For You. ***** It's official! Chloe Liese is one of my top 5 favourite romance authors ?? If she writes it, I will read it. ***** Gavin and Oliver are what grumpy/sunshine dreams are made of! Offers information for songwriters, performers and singers, and producers on the industry, including hiring managers and accountants, establishing a budget, and copyright and contract law. For everyone from the serious musician to parents who have kids that have an interest in becoming professionals in the record industry. It's easy to read and understand. Written to give producers, artists, performers, and music entrepreneurs an inspiring view into the way things should be done in the record industry. Everything You'd Better Know About the Record Industry is about how to find success in the music business and how to make money doing it. It answers all the questions one would have about making it, but more importantly, its answers questions about the record industry that you don't even know to ask. Stop working for money and put your money to work for you! Tens of thousands of readers trust Dan Solin's advice when it comes to investing, managing their 401(k)s, and planning for retirement. Now Solin offers the smartest guide to money management and financial planning yet. From managing your debt, boosting your savings, and owning (or renting) a home to buying insurance, maximizing investment returns, and retiring when you want to, The Smartest Money Book You'll Ever Read is your road map to financial freedom-and to enjoying yourself along the way.

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In the new mega-anthology from best-selling editor Russ Kick, more than fifty writers, reporters, and researchers invade the inner sanctum for an unrestrained look at the wild and woolly world of organized belief. Richard Dawkins shows us the strange, scary properties of religion; Neil Gaiman turns a biblical atrocity story into a comic (that almost sent a publisher to prison); Erik Davis looks at what happens when religion and California collide; Mike Dash eyes stigmatics; Douglas Rushkoff exposes the trouble with Judaism; Paul Krassner reveals his "Confessions of an Atheist"; and best-selling lexicographer Jonathon Green interprets the language of religious prejudice. Among the dozens of other articles and essays, you'll find: a sweeping look at classical composers and Great American Songbook writers who were unbelievers, such as Irving Berlin, creator of "God Bless America"; the definitive explanation of why America is not a Christian nation; the bizarre, Catholic-fundamentalist books by Mel Gibson's father; eye-popping photos of bizarre religious objects and ceremonies, including snake-handlers and pot-smoking children; the thinly veiled anti-Semitism in the Left Behind novels; an extract from the rare, suppressed book The Sex Life of Brigham Young; and rarely seen anti-religious writings from Mark Twain and H.G. Wells. Further topics include exorcisms, religious curses, Wicca, the Church of John Coltrane, crimes by clergy, death without God, Christian sex manuals, the "ex-gay" movement, failed prophecies, bizarre theology, religious bowling, atheist rock and roll, "how to be a good Christian," an entertaining look at the best (and worst) books on religion, and much more. A perfect introduction for students and laypeople alike, A Degree in a Book: Philosophy provides you with all the concepts you need to understand the fundamental issues. Filled with helpful diagrams, suggestions for further reading, and easily digestible features on the history of philosophy, this book makes learning the subject easier than ever. Including ideas from Aristotle and Zeno to Descartes and Wittgenstein, it covers the whole range of western thought. By the time you finish reading this book, you will be able to answer questions like: • What is truth? • What can I really know? • How can I live a moral life? • Do I have free will?

A consultant to some of America's leading corporations shares key insights and ideas on how to supercharge one's business and career, explaining how to create and develop new opportunities for wealth in any business, enterprise, or venture. Reprint. 50,000 first printing. Navigating the world of birth control can be overwhelming. Many teens don't know where to turn for factual information without judgment. This book lays out the facts about the many forms of birth control, including condoms, the Pill, IUDs, abstinence, and more. It includes vital information about the effectiveness of the various methods and tips on how to maximize their effectiveness. Readers will also learn about the history of birth control and the politics surrounding it. This insightful resource provides readers of all genders with the knowledge they need to make smart, informed choices about their bodies and their lives. Read along with Florence Welch this February and March as part of the Between Two Books book club 'Wry, beautiful, surprising and deeply moving' Rachel Seiffert, Guardian 'Captures so excellently the low level anxiety that hums through everyday life' Daily Telegraph

_____ You wake up. You go to work. You have strategy meetings about how to use hashtags. After work you get so blackout drunk you can't remember the circumstances which have led you to waking up next to your colleague. The next day you stay in bed, scrolling through your social media feeds and wondering why everyone else seems to be achieving so much. Then you hear about Life on Nyx, a programme that offers the chance to move to another planet and start a new, meaningful way of life. But there's a caveat: if you go, you can never come back.

_____ 'An acute satire of our social media-dominated times and a haunting examination of depression and anxiety rendered in diamond sharp prose' i 'Sauma has the horrors of the workplace nailed with satirical precision' Sunday Times Culture 'Weird, wonderful and beautifully written' Daily Mail 'For fans of Black Mirror' Elle 'Millennial angst meets sci-fi' Stylist 'Uplifting, unputdownable and mordantly funny' Sharlene Teo, author of Ponti An accessible, how-to guide that brings focus to the unique skills that

comprise emotional intelligence and incorporate these tools into your life. EMOTIONAL INTELLIGENCE: THE #1 PREDICTOR OF PROFESSIONAL SUCCESS AND PERSONAL EXCELLENCE In today's fast-paced world of competitive workplaces and chaotic personal lives, each of us is searching for effective tools that can make our schedules, behaviors, and relationships more manageable. The Emotional Intelligence Quickbook shows us how understanding and utilizing emotional intelligence can be the key to exceeding our goals and achieving our fullest potential. Authors Bradberry and Greaves use their years of experience as emotional intelligence researchers, consultants, and speakers to revitalize our current understanding of emotional intelligence. They have combined their latest research on emotional intelligence with a quick, easy-to-use format and cut-to-the-chase information to demonstrate how this other kind of "smart" helps us to decrease our stress, increase our productivity, understand our emotions as they happen, and interact positively with those around us. The Emotional Intelligence Quickbook brings this concept to light in a way that has not been done before -- making EQ practical and easy to apply in every aspect of our daily lives. The Quickbook will help you to: - Engage the four unique areas of EQ: self-awareness, self-management, social awareness, and relationship management -Increase your EQ through the use of these skill-building techniques -Apply your EQ at work to develop leadership skills and improve teamwork, making you a better manager and a more desirable employee -Practice your EQ outside the office environment to benefit your relationships with loved ones, making you a better partner and parent -Access the link between your EQ and your physical well-being to improve your overall health -Measure your current EQ through access to the authors' bestselling online Emotional Intelligence Appraisal A true story of obsessive love turning to obsessive hate, Give Me Everything You Have chronicles the author's strange and harrowing ordeal at the hands of a former student, a self-styled "verbal terrorist," who began trying, in her words, to "ruin him." Hate mail, online postings, and public accusations of plagiarism and sexual misconduct

were her weapons of choice and, as with more conventional terrorist weapons, proved remarkably difficult to combat. James Lasdun's account, while terrifying, is told with compassion and humor, and brilliantly succeeds in turning a highly personal story into a profound meditation on subjects as varied as madness, race, Middle East politics, and the meaning of honor and reputation in the Internet age. News outlets have been reporting that hate crimes are on the rise, but what are hate crimes and why do they happen? This comprehensive guide discusses the background of hate crimes, what counts as a hate crime, which groups are most likely to be victims, and why someone might commit a hate crime. With the knowledge gleaned here, readers will also learn how to take preventative action. The topic is pertinent and timely and gives readers the information they need in an accessible and helpful way. Teaches the fundamentals of playing guitar, from purchasing the right model to learning scales and chords, and includes information on tuning, slide playing, and equipment. Silver Winner of the 2019 Benjamin Franklin Awards (Health & Fitness) of the Independent Book Publishers Association. What does a mother love most about her baby? Everything. We all have questions about Jesus, but very few of us get the answers we're looking for--if the answers even exist! New York Times bestselling author Eric Metaxas understands how hard it can be to get hard truths, which is why he wrote this hilarious, entertaining guide to the most influential individual to have ever lived on the face of the earth. Like his previous books in this style, *Everything You Always Wanted to Know About God* is a book that takes questions about the Son of God seriously enough to get silly--where appropriate. Metaxas covers questions about Jesus' life (Did he live at all?), his death, (If he truly was the Son of God, why did he have to die?), his resurrection, (Did Jesus really come back after death?), and much more. "A mother and father welcome a new baby into their lives"--The contributors bring to bear an unrivaled enthusiasm and theoretical sweep on the entire Hitchcock oeuvre, analyzing movies such as *Rear Window* and *Psycho*. Starting from the premise that 'everything has meaning,' the authors examine the films' ostensible narrative

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content and formal procedures to discover a rich proliferation of hidden ideological and psychic mechanisms. But Hitchcock is also a bait to lure the reader into a serious Marxist and Lacanian exploration of the construction of meaning. An extraordinary landmark in Hitchcock studies, this new edition features a brand-new essay by philosopher Slavoj Žižek, presenter of Sophie Fiennes's three-part documentary *The Pervert's Guide to Cinema*.

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